



Project Horseshoe Farm

Gap-Year Fellowship

RECRUITMENT NEWSLETTER

OUR SERVICES

HSF Fellows 2016-2017

Project Horseshoe Farm is a community health and education non-profit organization that strives to work with our community to pursue our mission of Service, Community, and Leadership Development to meet the needs of our children, seniors, and adults with mental illness.

We are currently recruiting for a pioneering "gap year" leadership development program (the "Horseshoe Farm Fellowship") for some of our nation's top recent college graduates.

This fellowship is a fantastic opportunity for those interested in medicine, public and community health, education, psychology, non-profit leadership and social entrepreneurship.

Fellows work toward the organization's mission through focusing in the areas of Health, Education, Leadership, and Community:

Health

Fellows will manage and provide direct service in innovative housing programs for adults living with mental illness. They will also lead and provide service in day programs for seniors and adults that are linked to primary care, nursing, and mental health clinics. The fellowship also will provide firsthand experience interacting with a range of healthcare settings as well as shadowing opportunities.

Education

Fellows will manage and develop an afterschool tutoring program for elementary, middle, and high school children. Fellows will also participate in weekly discussions on healthcare, community & citizenship, and leadership/management/social entrepreneurship to deepen their understanding of their fellowship year.

Leadership

Fellows have a wonderful opportunity to learn through hands on experience about management, leadership, and operations of a growing non-profit organization. Fellows attend Board meetings, learn about organization finances, work on strategy, and help to lead and manage many of the programs in the organization.

Community

In addition to Project Horseshoe Farm's programs, Fellows are supported in engaging with local community members, local businesses, and community organizations to enrich their experiences. Fellows have learned to build bamboo bikes, worked with the local historical society, worked on local farms, and gardened on plantations. Fellows are also invited to shadow physicians, psychologists, hospital administrators, and school board leaders among many other opportunities.



Our Housing Program

We offer an enhanced independent living housing program for women who could benefit from additional support and companionship to help them live more independent and active lives.



Our Youth Programs

Project Horseshoe Farm's youth program is an afterschool tutoring program that serves grades K-10. Providing small in-person tutoring groups as well as remote tutoring from honors students from local universities, students are able to receive individualized attention to improve their math skills and reading comprehension.

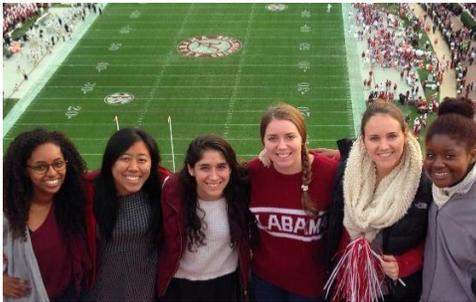
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Hear About It From Our Fellows



Our Adult Day Programs

The community clubhouse hosts adult day programs four times a week. Each program provides a common space for vulnerable members of the community to socialize, become stimulated, and learn.



Our Fellowship

Our fellows are recent college graduates from all over the country. As a fellows class, fellows will manage our different programs, explore the South, and have hands-on experience addressing community health and education issues in a rural setting.

FELLOWSHIP
APPLICATIONS ARE
AVAILABLE AT
PROJECTHSF.ORG

APPLICATION DEADLINE IS
FEBRUARY 10TH, 2016

FOR MORE INFORMATION

Go to projecthsf.com for more information. Contact us at fellows@projecthsf.org or call our clubhouse number: (334)-624-7455

"I wanted to challenge myself in a new environment and explore the humanistic side of medicine."

After living in California my entire life, I wasn't sure what to expect when moving to rural Alabama, but I knew I wanted adventure. It has been interesting learning about a different culture and way of life, and the community is welcoming toward the fellows. After working alongside and becoming friends with many program participants and local community members, I've realized the importance of building relationships in achieving individual and community goals. I hope to build similar relationships with my patients in the future.

-Hannah Robertson

2015-2016 Horseshoe Farm Fellow
Pomona College '15



Fellows Bethel Miseo, Josh Oriez, and Melissa Luong are pictured with several participants in our adult programs.

"My focus was on education when I began as a fellow, but I soon fell in love with the other parts of our program."

I volunteered at the Horseshoe Farm's Youth Programs during college, and loved having one-on-one time with the students. I'm grateful for the chance to help organize and manage an after school program, and I feel that I've made great strides interacting with and helping the participants at our adult program.

-Josh Oriez

2015-2016 Horseshoe Farm Fellow
University of Alabama '15

"While living in Greensboro has been an adjustment, it has been an amazing experience."

One of the reasons why I wanted to apply for this fellowship is because it is located in a rural community. I have lived in a city all my life, so I thought that the prospect of moving to a completely different environment would be challenging but exciting at the same time. Greensboro has definitely lived up to my expectations. And I have been able to explore different places in Alabama as well. From visiting Birmingham to touring Alabama's biggest organic farm, my time in Alabama has introduced me to many new and different environments.

-Paris Singleton

2015-2016 Horseshoe Farm Fellow
Harvard College '15

"I've appreciated the opportunity to have conversations with people who have so many rich and varied experiences in life."

During the fellowship, I've learned the most about framing healthcare in a way that emphasizes quality of life for every individual while addressing community needs. Being from the greater New York metro area and coming down to the rural South meant a seismic shift in my life. Community in a small town means that people are actively invested in each other. We have been invited to many homemade meals, family gatherings, and church events. The people here is what makes Greensboro so interesting.

-Melissa Luong

2015-2016 Horseshoe Farm Fellow
Binghamton University (SUNY) '15



Fellow Mallory Osborne walking with one of our adult day program participants